Report

for

Fitness Assistant

Prepared by Hamsa Bharathi (11), Vishtasp Meherhomji (13), Anshul Jain (16), Daksh Taneja (33)

IT-A1

8th November, 2017

|  |  |
| --- | --- |
| **Different Modules** | **Working of module** |
| 1. Register on portal | * Select appropriate user type; * Mobile number also an option to register users; * Strong password (decided by the presence of uppercase/special characters/numbers) necessary to register; * Health details have to be filled by members and experts |
| 1. Login | * Enter correct username and password: each user type is taken to its respective home page |
| 1. Assignment of expert | * The member chooses an expert of his choice |
| 1. Diet suggestion | * Member is able to update his fitness details at any point of time on the portal which is visible to his chosen expert * Based on this the expert can suggest a personalized diet plan for the member * A chat box (along with timestamp) has been included as a means of communication between the member and expert to clarify any doubts and seek additional advice * Informative calorie chart tells which food item consists of how many calories so that the member can change his diet * Informative BMI calculation chart is present to find anyone’s BMI according to their weight and height to find out the category of diet they require (weight loss/gain etc.) |
| 1. Updating details | * Manager can edit the details of members and experts * Experts and members can update their personal details at any given point of time. |
| 1. E-Commerce | * Members can buy gym-wear and gym equipment on the portal itself whose cost will be added to their regular fees |
| 1. Google fit data | * Provision to display the google fit data from app is present |

**Screenshots**







